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The Sounder

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65 Wins District of the Year Again!

SEANC District 65 is proud to announce that it won District of the Year honors for the second year in a row. The award was presented at the SEANC state convention in Greensboro September 9-11.

District 65 Chairman Del Kingsland accepted the award. "I am very proud to have been the chairperson for District 65 these past two years," he said. "This board devotes so much time to helping out our community. It is truly an honor to be a part of such a hard working group of people."

District 65 received the award in the 1000 to 1500-member category and was based on a scrapbook the district put together chronicling its activities for the year. These included membership drives, making Christmas trees for the elderly, hosting a golf tournament to raise money for scholarships, raising \$7000 for Pitt County Relay for Life, and volunteering with Habitat for Humanity.

Seventeen delegates representing District 65 attended the convention, along with approximately 850 delegates from across the state.

Joining Kingsland in Greensboro were Bill Dawson, vice chairman; Gloria Highsmith, secretary; Debbie Austin, treasurer and scholarship chairman; Lynn Tuthill, volunteer chairman; Linda Nelson, retirees chairman; Shirley Williams, nominations/hospitality chairman; Camilla Dawson, auditor; Treva Brigman, past chairman; Tammy Heller, bylaws chairman; Val George, parliamentarian; Alicia



District 65 Chairman Del Kingsland poses with his fellow delegates after accepting the District of the Year trophy for the second year in a row.

Simpson, policy platform/membership chairman; Karen Simmons, communications chairman; Evelyn Hinnant, benevolent chairman; and Sharon Sharpe, Mary Johnson and Laranda Boone, delegates.

Each year SEANC delegates gather in Greensboro to determine legislative priorities, elect SEANC officers, award outstanding members, receive valuable training, meet legislators, raise funds for scholarships and conduct a community service project.

Convention speakers included Gov. Beverly Perdue, Lt. Gov. Walter Dalton, U.S. Senate Candidate Elaine Marshall, SEANC Executive Director Dana Cope and Mary Kay Henry, president of the Service Employees International Union.

During the convention delegates voted in favor of changing article III, section 8 of the bylaws to reduce the rebate to

each district by 50 cents per member per month and apply those funds to the payment of the dues owed by SEANC membership to SEIU. Each month 20% of membership dues are returned to the district from which they were collected.

For the annual community service project, SEANC members raised more than \$23,000 and contributed 1,500 pounds of food that will be evenly distributed between North Carolina's six major food banks. District 65 contributed \$500 to the community service project.

Convention delegates elected state officers to serve the 2010-2011 SEANC year, beginning Oct. 1. Charles Johnson of District 45 will serve as president, Sidney Sandy of District 11-first vice president, Cheryl Moon of District 43-second vice president and Marilyn Jean Martin of District 12-treasurer.

No Tricks, All Treats at Member Appreciation Day

District 65 treated members and guests to Halloween cookies, cupcakes, chips and dip on October 27 at Brody and gained six new members in the process. In keeping with the Halloween theme, guests were given masks and goodie bags and could talk with SEANC representatives from the Raleigh office to answer any questions they had. In addition, door prizes were given to District 65 members who brought non members to the event. The Oktoberfest appreciation gala was spearheaded by Alicia Simpson, member chairman.





Ten District 65 members spent a recent Saturday morning volunteering for Habitat for Humanity at a home near Greenville. They were joined by 10 other volunteers, including the homeowner. District 65 furnished lunch for the volunteers, who spent the day installing windows and shingles.

InTone Fitness Joins Member Discount Program

SEANC's Member Discount Program has a new addition - InTone Fitness.

InTone Fitness is located near the hospital at 2335 Hemby Lane, adjacent to Drs. Michels and Gauquie's office.

Owned and operated by Michael Vann, InTone Fitness is dedicated to helping people reach their goals whether it is for weight loss, toning, resistance training, core training, flexibility, building mass and strength, speed and quickness.

InTone Fitness specializes in personal training (one on one or groups), group fitness classes (boot camps & pilates/ yoga), youth strength & conditioning and gym memberships.

SEANC members may join InTone Fitness for \$25 monthly, and receive one free orientation on the equipment. There is no sign-up or registration fee. A 10% discount is also offered on all

one-on-one personal training. All new applicants receive one free half-hour

District 65 Supports Its Members

District 65 donated \$1000 of the profits from its annual golf tournament to the Triangle Down Syndrome Network's Buddy Walk in October. The donation was made in honor of Tiffany Woodard's daughter, MacKenzie, who has Down Syndrome.

Although she is a recruitment/ retention specialist in the Raleigh SEANC office, Woodard is a member of District 65. Prior to taking the position in Raleigh, Woodard worked at ECU.

The SEANC Youth Council was a corporate sponsor of the Buddy Walk.

District 65 also donated \$100 to a member whose house burned on October 15. Karen Tripp, an administrative support specialist with

training session. Call Michael Vann at (252) 752-0462 for more information.

Clinical Financial Services, said her house and its contents were a total loss.

Karen, her husband Gary, and their children Amber, 15, and Adam, 3, are living with family members until other arrangements can be made.

The board is also taking donations for the family. If you would like to make a contribution, contact a member of the District 65 board.

Mark Your Calendar for
District 65's
CHRISTMAS SOCIAL
Monday, Dec. 6, 5-7pm
Brody 2W-40

District 65 followed up their \$500 Food Bank donation at the state convention with an additional \$500 contribution and 153 pounds of food on September 23 to the Food Bank of Central and Eastern NC in Greenville.

The \$500 contribution will provide approximately 2,125 meals, and the food, which was collected at various locations on the ECU campus, will supply 129 meals. Lynn Tuthill, District 65 Volunteer chairman, presents the check to Neil Zingler, branch manager of W.W. Grainger in Greenville and member of the Food Bank's Greenville Regional Council, following a tour of the Food Bank's Greenville facilities.

Also pictured (from left) are: Mary Esther Baker, Greenville Food Bank branch development officer, and District 65 members Gloria Highsmith, Debbie Austin and Bill Dawson.



August Minutes

The SEANC District 65 executive committee met on August 17 at the Lakeside Annex Building. Here are the minutes from that meeting:

Members Present: Bill Dawson, Gloria Highsmith, Camilla Dawson, Val George, Karen Simmons, Debbie Austin, Evelyn Hinnant, Martina Christie, Shirley Williams, Tammy Heller.

Excused Absences: Del Kingsland, Lynn Tuthill, Alicia Simpson, Sharon Sharpe, Mary Johnson, Linda Nelson.

The meeting was called to order by Vice Chairman Bill Dawson at 5:35 pm.

The minutes for our July 20, 2010, meeting were reviewed. A motion to approve the minutes was made by Karen Simmons. The motion was seconded by Camilla Dawson. The minutes were approved.

Vice Chairman Bill Dawson stated that SEANC will not be endorsing any candidates for the upcoming elections.

We then heard from our committee chairmen.

Debbie Austin - Treasurer/
Scholarship:

She stated she will be selling scholarship tickets in the Brody hallway on Sept. 1 and 2. She will need either money or tickets from members by Aug. 25.

She also stated that Lynn Tuthill wanted to inform the board about the city wide clean up. After much discussion about a date to do the clean up, it was decided to table the clean up date until our next meeting in October.

She reminded everyone about Del Kingsland wanting to make a \$3000 donation towards the SEANC organization. Of the \$3000, he would like for \$2000 to go towards the building and \$1000 to go towards new furniture. It was suggested by Shirley Williams to give the donation to the SEANC staff for a change. She suggested giving the donation to the "behind the scene" staff like the receptionists and other supportive staff. Debbie Austin stated she would do some research on how many people this would include and to check to make sure employees could accept the donation from us. She will let us know

at our next meeting in October.

Shirley Williams: Hospitality/
Nominations: She stated that Clayton Weaver is losing sight in his right eye and will be having surgery on it. She wanted everyone to keep him in their prayers and that the surgery will be a success.

Due to the upcoming convention in September, our next meeting will be on Oct. 19.

Board Selling Dining Guides

District 65 board members are again selling Attractions Dining Guides to raise funds for the treasury. These coupon books sell for \$25 each and contain coupons to many restaurants in the area.

"We usually raise around \$400 from the sale of the books," said Lynn Tuthill, volunteer chairman. "They make great Christmas and birthday gifts."

If you would like to purchase a book contact Tuthill at tuthilll@ecu.edu or 744-3284.