

Member Discount

Domino's Pizza (10 % discount off any order, can be combined with any discounts *Pick-Up-Only) Must show SEANC card first. 828-608-0999
1231-H Burkemont Ave. Morganton NC. 28655
AND: 1563 East Union St. Morganton NC. 28655
828-437-9777
Website: www.dominos.com

Toasted & Rolled (Must present card for discount, member only 20% off ice cream or in house bakery items. Excludes already discounted items and special orders and gift cards certificated) 828-475-6889
109 N. Sterling St. Morganton NC. 28655
Rolled Ice Cream, Pastries, Bakery and Coffee
Email: Toastedandrolled@gmail.com

Morganton Natural Foods (10% off discount, not good with any other discounts) 828-433-7325
306 S. Sterling St. Morganton NC. 28655
Health & organic food store, vitamins minerals and supplements
Email: Morgantonnaturalfoods@gmail.com
Website: Morgantonnaturalfoods.com
Facebook: Morganton Natural Foods

The Dance Factory of Morganton (10% discount for members only, can not be given with any other discount. 828-584-9239
1110 Carbon City Rd. Morganton NC. 28655

Mail To: PO. Box 3032 Morganton NC. 28680
Hiphop, Ballet, Jazz, Clogging, Bollywood, Tap
Email: thedancefactory2016@gmail
Website: thedancefactoryofmorgantonllc.com
FB: The Dance Factory of Morganton L.L.C

Breathe Yoga & Wellness (10% off of first package only. No other discount allowed, excludes memberships) 828-475-5775
131 W. Union St. Morganton NC 28655
Yoga, Pilates, Fitness, Wellness, Retail Yoga and Pilates Accessions.
Email: info@breatheyogawellness.com
Website: www.breatheyogawellness.com
FB: Breathe Yoga & Wellness

Hot Box Vintage (10% discount, no sale items/ combined discount and no returns) Starts 3-1-2019
200 Collett St. Morganton, NC. 28655
Vintage clothes, housewares, goods for men, women and children. 828-310-1541
Email: hotboxvintage@gmail.com
FB: Hot Box Vintage

Peak Performance Health and Fitness (Waive all sign up fees) 828-438-2862
150 fiddlers Run Blvd. Morganton, NC 28655
Email: peakperformancehfl8@gmail.com
Website: peakperformancemorganton.com
FB: Peak Performance Health Fitness

SEANC District 7 had meals for the staff on Oct. 24th

SEANC District 7 had lunch and dinner for the staff on Oct. 26. Staff enjoyed KFC meals. We served just under 310 meals that day. We are working to contact 3rd shift staff, any suggestions contact us. District 7 and SEANC staff were there to talk to staff and members about SEANC. We spoke about the pay, insurance, retirement, legislative updates, up coming court decision, local and state member discounts, and our health plan. We had information flyers that were given out while we talked. We signed up 26 new members that day. We had door prizes and gift cards for new members. Thanks to the SEANC staff and our other SEANC members that helped.



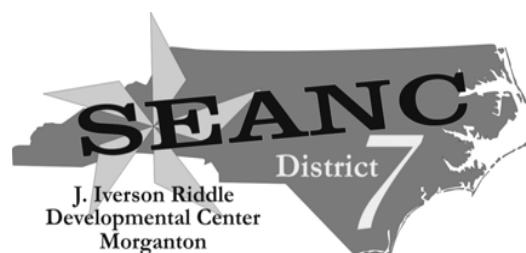
Retiree District 7 member Tim White, right, donated a painting from his back porch to a raffle for Member Diane Queen's daughter, Amber, for her medical needs. Henry Belada won the painting during the raffle. Tim does a lot of painting since retiring and we thank him for his gift.

Henry took the left over meals from dinner on Oct. 26th to the Burke United Christian Ministries the next day.



March 2019

J. Iverson Riddle Developmental Center



SEANC Views

State Employees Association of North Carolina/Local SEIU2008

SEANC Is Committed To Protecting And Enhancing The Rights And Benefits Of Current, Retired, And Future State Employees

From The Chair



Our district's annual meeting will be at the Golden Corral in Morganton; go to page 2 for more information. You are welcome to come to our district meeting. Just let us know if you would like to join us. District 7 meets almost every month where we talk about our district news. A SEANC staff is there at times for updates on what other districts are doing about membership, training and updates from Raleigh.

We also draw a member's name for a prize. Our district is looking for a secretary to join us. The secretary and the treasurer are paid by our district. We are also looking for an EMPAC Chair. For more information contact us. We are working on a retiree form, like in the years past. We will let you know.

On May 8th, we will be at the gym to have snow cones and some snacks for staff and the people that live at JIRDC. We did this event last year and it went well for everyone. Time is from 10:30 to 6:30, so come by to get updates on what our legislators are doing for us, talk to SEANC staff about lobby day, insurance, scholarship and member discounts. This would be a great time to update your information with SEANC. We will have door prizes for members. There will be more information on District 7 Facebook page, our email tree and the flyers that will come out later. See you in the gym!!!

We hope to do lunch later this year like in the past.

Don't forget we are selling Scholarship tickets for \$1.00 each and the drawing will be in September at the SEANC Convention. The money raised will help the state Scholarship program.

If you have any questions, please contact me at 828-433-5106 or email me at woodchop7@charter.net

Thank You For Giving Again!



J. Iverson Riddle Developmental Center staff and State Employees Association of NC District 7 members donated 8 cooked turkeys, stuffing mix and broth to Burke United Christian Ministries for the Thanksgiving Day meal. We also donated 2 frozen turkeys and 3 chickens to the food panty. In picture are District 7 members Henry Belada and Barbara Kennell with Barbara's husband Mark. During the day other members dropped off their turkeys and food items. Thanks to everyone that helped with this Thanksgiving meal. What a great feeling it is to help our community.

SEANC has Insurance that will fit your need! www.seanc.org

Update your email address and mailing address

District 7 has a great email tree that provides the latest Member Discount Program, many of the insurance programs and legislator news from SEANC in Raleigh; contact me at my email woodchop7@charter.net with your home email only. Please put in the subject line "email update". Also, if you are a member and have not received The Reporter paper from the SEANC office, it could be you have moved or changed your last name. **Please call 1-800-222 2758 or go to SEANC.org** and change your address at Member Resources, then scroll down to Update Information.

SEANC District 7 Annual Meeting Tuesday June 4, 2019 Golden Corral in Morganton, Business Meeting 5:30

SEANC staff will answer questions about issues concerning us.
Meet some of the SEANC officers that will be running for election.
Hope some of our legislators will be there also.
Meet your active members and retirees and find out their news.

Reports from the *District 7 Committees *Scholarship winners *Scholarship tickets for sale
*Districts 7 Awards *Nomination of 2019—2020 District Officers/Delegates
*Drawing for Door Prizes (You must be present to win.)

What are the SEANC District 7 Awards?

For information on our annual meeting please contact District 7 Executive Committee or Henry Belada at 433-5106 or woodchop7@charter.net

Member of the Year -

- *Must be a member in good standing of SEANC.
- *Should be a person who actively supports SEANC both in words and actions.
- *Should be one who is helpful to all co-workers and fellow Association members.

People's Award -

- *This award is given to recognize a member in District 7 who has unselfishly gone that "extra mile" during the current Association year to serve and promote the District and our Association.
- *This award is for that person in District 7 who may not take a leadership role or one who may not attend meetings, yet she/he is always there when you need someone working behind the scenes.

For Award Nomination Forms - please Contact Henry Belada @Woodchop7@charter.net.

At our annual meeting we elect new officers, Contact Scott McMahan for more information. Come and help us lead the way for state workers and retirees.

We have a Facebook page
SEANC District 7

2018-2019 District 7 Executive Committee

- Henry Belada, Chair 433-5106 woodchop7@charter.net
- Scott McMahan, Vice Chair 1-828-231-2443
- Debbie Chadwick, Treasurer & Scholarship Chair 437-6976
- Sandra Bristol, Policy Platform Chair 437-7653
- Gary Harbison, Retiree 437-7653
- Emily Church, Bylaws Chair 403-1505
- Debbie Chadwick, Scholarship Chair 437-6976
- Gwyn Wilkes, Delegate
- Sheila Roberts, Delegate 433-6660
- Barbara Cuthbertson, Delegate 403-6160

Available to SEANC Members Scholarships

Scholarships are available from SEANC based on academic, financial needs and membership. District 7 offers local scholarships for District 7 members including the Norma Caldwell Scholarship Fund (NCSF). We are still taking donations for the NCSF. Last year District 7 gave \$3,500 in Scholarships. The deadline for all SEANC scholarships is April 15, 2019 Applications are available at www.seanc.org. For more information see Debbie Chadwick, District 7 at 437-6976. Also we have SEANC Scholarship tickets for sale. The cost is \$1.00 each. The drawing is September at our convention. Go to www.SEANC for more information and download a copy of the scholarship form.

SEANC Districts 7 at JIRDC Christmas Parade



District 7 members Henry, Luke, Barry and Scott are waiting to for the parade to begin.



District 7 members had a quick picture taken before the parade started. Left to right? Scott McMahan, Luke Boone, Henry Belada, Genise Mock and DeAnna Boone. We rode in the Boone's truck and our legs were glad. Before we left, I talked to a lot of staff and they thanked SEANC for helping to get the \$15.00 per hour increase for them.

**PLEASE SUPPORT
EMPAC**

Have you visited our Facebook page? We are listed as SEANC District 7. Henry Belada has tried to list all the new Member Discounts around the county and some in other counties. Also on our FB page is news and events from our district, other districts, SEANC and around the state that have an impact on members. Find out what the State Treasurer is doing with our health insurance, investments and our retirement. If you need information contact us or the SEANC FB page also. If you can't get on FB, call us or SEANC 1-800-222-2758. Thank you for being a District 7 member...

District 7 Lobby Day in Raleigh If we do have a Lobby day in Raleigh we will let our members know so we can see our legislators. Below are our legislators that serve us. Please contact them if you need them.
Hugh.Blackwell@ncleg.net 919-733-5805
David.Rogers@ncleg.net 919-733-5749
Warren.Daniel@ncleg.net 919-715-7823

To all 3rd shift: We have been trying to find a way for an event with our members and non-members to give you information about our district and SEANC. We realize that after work is very busy for staff with taking care of children, helping with grandchildren, other family matters, and someone may have another job to go to. Any SEANC event we have, you are welcome to come to. Please contact us with any suggestions that you may have.